

## Contact Lens Policy

*Valley Vision and Hearing Associates provides the latest contact lens materials and designs for our patients. Our staff will discuss your particular vision needs with you and determine the best contact lenses for you.*

### **Why do you need a contact lens evaluation?**

Contact lenses are medical devices regulated by the FDA (Federal Drug Administration) and like all prescription devices, contacts must be monitored on a regular basis. Good vision and eye comfort does not insure a healthy contact lens fit. Before issuing a contact lens prescription, an evaluation is required by law to insure ocular health, comfort and maximum visual clarity. Although many patients need only one evaluation session, some require several appointments. In our experience, the extra time, effort and patience are worthwhile, both for your ultimate satisfaction and health of your eyes.

### **Isn't this part of my annual eye exam?**

Most insurance plans cover a routine eye exam which determines your glasses prescription and evaluates your ocular health. The procedures done to determine a contact lens prescription are separate from the routine eye exam, therefore the fitting and follow-up of someone wearing contact lenses is not included. Most insurance companies treat contact lens services as an additional, separate evaluation from the routine eye exam. Therefore, you will be responsible for any balance not covered by your insurance.

### **When can I order contacts?**

Your contact lens prescription is valid for two years from the date of your comprehensive eye exam. You can order lenses after the completion of your contact lens evaluation. The cost of your lenses depends upon which lenses you are fitted in. When ordering contact lenses, payment is due in full at the time of pickup.

### **What happens if I don't like my lenses and want to return them?**

Payment of the contact lens evaluation fee is always required even if you elect to discontinue wearing the lenses. Only unopened boxes of contact lenses in good, unmarked, re-sellable condition (as determined by our office) will qualify for a refund. Custom lenses must be paid for before the lenses can be taken from the office, there is typically a 60-90 day warrantee period with custom lenses.

### **The Yearly Contact Lens Evaluation Fee Includes:**

- Determination of proper contact lens prescription based on the patient's glasses prescription, vision needs, corneal health, curvature and how contact lens wear affects the health of the eye
- Follow-up visits during evaluation and fitting process
- Instruction on Insertion and Removal for New Wearers
- Trial lenses as needed
- Starter Lens Care Kit
- General Contact Lens Care and Replacement Instructions

### **The Yearly Contact Lens Fee Does *NOT* Include:**

- The exam to evaluate ocular health
- Medical visits (ex: infections)
- Boxes of contact lenses

### **Insertion and Removal Training \$110-\$130**

A one hour session for Insertion and Removal Training is required for first-time wearers. We want to be sure you are able to place and remove the lenses safely; we will also discuss cleaning, disinfection and a safe wearing schedule.

### **Refresher on Insertion and Removal \$35**

A quick refresher on insertion and removal is required for those who have been out of contacts for more than five years or for those who are struggling during the fit process with insertion and/or removal.

### **Contact Lens Evaluation Fees**

**\$20** Evaluation of current contact lens fit to insure the eyes and contact lenses are compatible

**\$35** Change of lens material, prescription power or brand

**\$55** Refit or fitting of a toric lens or monovision system, refit of a rigid gas permeable lens (all parameters known)

I have read and I understand the contact lens policy. I am aware that these terms and charges are subject to change.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

All training and fitting fees are good for one year from date this policy is signed.